

Ridge Meadows Recycling Society

Recycling Report

AUGUST, 2015



Reminder!

There will be
**NO CURBSIDE
RECYCLING PICKUP**
and the
**RECYCLING DEPOT
WILL BE CLOSED** on
Monday, August 3



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Blue Box 2.0

Now that glass goes into the NEW grey recycling box, Maple Ridge residents may be questioning what to do with their now empty blue box.

The answer? Repurpose it to collect **Cans & Cartons!**

"The orange recycling bag is the next bag we are phasing out," says RMRS Board Member Carla Reed, "Because the blue box will now be empty, all the cans & cartons that used to go in the orange bag can now go into your blue box."

Now Accepted in Blue Box:

tin cans
tin & aluminum foil
pie & tart pans
milk cartons
ice-cream cartons

aluminum cans
aerosol cans (no paint)
metal lids
tetra-pak style drink & soup boxes
spiral-wound tubes (frozen juice, chips)



NOT Accepted: plastic, paint containers or other metal objects

*Order your new grey box online at www.rmrecycling.org, call us at 604-463-5545, or visit the Maple Ridge Recycling Depot, located at 10092 - 236th Street in Albion



Carla Reed, Board Member, Ridge Meadows Recycling Society

Carla Reed Shares How The 3Rs Are Embraced by Other Organizations

Carla Reed has been interested in RMRS ever since she moved to the area nine years ago with her husband. Always keen on composting and recycling, she was delighted to find Maple Ridge in the forefront of recycling techniques and practices.

Carla first began volunteering with RMRS a couple of years ago, as a volunteer coordinator for Earth Day celebrations. Volunteering with RMRS fits with other activities she's involved in – Immigrant Services Society (some of whose students volunteer for Earth Day) and the Intergenerational Garden Group, which has a strong emphasis on organic growing, re-using and recycling.

Time to write again about “reduce, reuse, recycle” and as a Board Member of RMRS, I’d like to describe two other organizations I’m very familiar with, vastly different in size and scope, that also fit the bill.

One you may be familiar with – our Intergenerational Garden Group (IGG) with the Community Garden at Edge Street and 121st Avenue. Children from two schools across the road work with senior volunteers to grow vegetables, berries and flowers in individual class plots that they help to maintain. Reduce? Well, when we grow our own food we reduce the need to buy commercial products that have often been grown with herbicides and pesticides – both banned at the IGG garden – by spending the time and effort to grow them without.

Reuse? The City of Maple Ridge has lent us this vacant and unused lot, which has now become very useful. Not only is food grown there, but the neighborhood is appreciative, and strong links have been forged between seniors and the children and teachers that we work with. Land use doesn’t always have to mean another condo!

Recycle? That’s easy – everything that isn’t eaten is recycled into compost. Some neighbours even bring their compostable stuff to our bins. How green can you get?!

“Who does recycling better than nature?”

Next, from a vacant lot to a 55,000 acre nature conservancy seems a stretch, but the same principles apply. When Nature Conservancy Canada (NCC) bought this land on Kootenay Lake a few years ago, it had been sustainably logged for some years. By reducing the logging to an amount that still preserved employment in the community, a very large habitat is conserved for endangered plants and animals.

Reusing? The former logged areas have been replanted and some public roads have been deactivated while still providing good corridors for grizzly and black bears and the highly endangered mountain caribou, that need to travel. Other roads provide access with permit to human hikers.

Recycling? I guess I can only say - here is a huge area that is being gradually allowed to ‘go back to nature’ and who does recycling better than nature?? As we tramp through the forest we see that every tree that has fallen naturally has become a ‘nurse’ tree to a new generation of saplings and fungi. The creeks recycle the fish that swim up them to spawn, leaving their carcasses for animals that eat them, and their young return to the lake in the next ‘cycle’.

So from IGG to NCC – ‘reduce, reuse and recycle’ is alive and well in B.C!

8 Ways to Recycle Water Around Your House



With water restrictions on Level 3 and no end to the sunny days this summer, we wanted to share this inspiring list that proves materials aren't the only thing that can be recycled...

1. Use a Shower Bucket

The shower bucket is probably the simplest way to recycle water at home. Next time you're warming up the shower, stick a bucket under the running tap until you're ready to get in. You'll be surprised at how much water you collect!

2. Install a Rain Barrel

Skip that whole municipal water system for watering your garden and collect rainwater instead. Rain barrel setups can be super simple or more complicated, depending on how much time you can invest and how handy you are. The best collection method that I've found is setting up the barrel underneath your gutter's down-spout, so it collects the most water when it rains.

3. Create a Rain Garden

Rain gardens take advantage of land's natural water runoff to nourish the plants that live there. Unlike a regular garden that needs watering, a rain garden is constructed so that it reuses water that would otherwise run off into the sewage systems.

4. Save that Pasta Water

Next time you're making a pot of pasta, don't dump all of that precious water down the drain! Instead, set your colander over another large pot to collect all of that precious H₂O. Once the water has cooled, you can use it on your garden or to water your house plants.

5. Save Water from Washing Veggies

Just like when you're boiling pasta, washing veggies uses water that's totally re-usable. Place your colander over a large pot to collect the water while you're washing. You can use your collected water on the garden or for flushing the toilet.

6. Install a Gray Water System

Gray water is waste water that doesn't contain sewage. Think the water that goes down the drain when you wash your hands or do laundry. A gray water system diverts that water, so it doesn't go to waste. A good example might be diverting water from your shower drain for flushing the toilet. Grey water systems can get pretty complicated, and just like any plumbing setup, they do require maintenance.

7. Collect the Overflow from Watering Plants

When you water your potted plants, have you noticed that extra water usually runs out of those drainage holes at the bottom of the pot? Don't let that water go to waste! Place your plants in deep trays to collect that water. You can use the runoff from your larger plants to water the smaller ones.

8. Reuse Excess Drinking Water

Got an almost-empty water glass that's been sitting out too long to drink? Feed it to a thirsty house plant instead!

From: www.care2.com/greenliving

UPCOMING STAT HOLIDAYS - NO CURBSIDE RECYCLING PICKUP AND THE RECYCLING DEPOT WILL BE CLOSED ON:



Monday, August 3 - BC Day Holiday

Monday, September 7 - Labour Day



Q: Why doesn't RMRS pick up recycling on stat holidays?

A: We've looked at a number of ways to handle stat holidays - shifting pickup days, reducing pickup to 4 days a week so the days only shift when there's a stat holiday, paying overtime to pickup on stats - and decided that skipping pickup on a stat holiday and continuing regular pickup the following week is the least confusing and most cost-effective method. If you have extra recycling, you can always bring it to the Maple Ridge Recycling Depot 7 days a week between 8am - 5pm - just not on a stat holiday :)

Upcoming Events

Haney Farmer's Market goes to Brookfield Farm



August 8 (Sat) 9am-2pm at 20981 - 123rd Avenue, Maple Ridge (Bus #43 or #44)
We will have a booth at this special Farmer's Market on the farm!

Senior's Centre - Neighbourhood Recycling Event

August 22 (Sat) 10am-2pm at Maple Ridge Seniors Activity Centre, 12150 - 224th Street
Pick up your new red & grey recycling boxes and let us take a load of (selected!) items to the Recycling Depot for you!

Hammond Neighbourhood Recycling Event

August 23 (Sun) 10am-2pm at the Westgate Mall Save-On-Foods, 20395 Lougheed Highway
Pick up your new red & grey recycling boxes and let us take a load of (selected!) items to the Recycling Depot for you!

GETI Fest

Saturday, September 19
at Memorial Peace Park, Maple Ridge



Rivers Day
Sunday, September 27, events at both the Allco and Bell-Irving Fish Hatcheries!

Recycling Drop-off Event
Saturday, August 22, 2015
10am - 2pm at the Maple Ridge Seniors Activity Centre, 12150 - 224th Street, Maple Ridge

Pick up an A-Z list of what can be recycled at the Maple Ridge Recycling Depot!

Drop off recyclable items listed below!

PLUS! Learn more about Metro Vancouver's new Organics Disposal Ban and ask the Wildlife BC Coordinator for Maple Ridge all your questions on how to keep wildlife wild and communities safe.

Get your NEW RED and GREY Recycling Boxes!

Learn more about Recycling Stewardship Programs!

BRING TO RECYCLING DROP-OFF EVENT

- electronics (TVs, computers, any electronic toys with a cord or battery)
- small appliances (coffee makers, toaster ovens, blenders, hair dryers)
- cell phones & cords • batteries • CDs, DVDs & thumb drives
- lightbulbs and tubes (incandescents, LED fluorescent, Xenon lights, etc.)
- printed paper (newspaper & flyers, office paper, magazines, cardboard)
- packaging (glass, metal, plastic bags, or plastic no 1-4)
- foam packaging • smoke detectors • books

DO NOT BRING TO DROP-OFF EVENT - BRING DIRECTLY TO RECYCLING DEPOT

FREE Drop-off at Home unless otherwise noted

- oil (used motor & cooking oil) • oil filters & containers • antifreeze
- household hazardous waste (flammable or poisonous household pesticides & cleaners) • thermostats • lighting fixtures • car batteries
- large appliances (aces, dishwashers, washers & dryers, fridges) & freezers

*100 lbs max - mixed charge

Please note that we are an end-of-life recycling facility. If something is still usable, please try selling it or giving it away online, to neighbours, or at a charity store.

Get your NEW Red and Grey Recycling boxes!

604-463-5545
The Maple Ridge Recycling Depot is located at 15092 - 236th Street, just off River Road in the Albion Industrial Park
Open 7 Days a Week

RIDGE MEADOWS RECYCLING SOCIETY
www.rmrecycling.org

SAFE BC
GREEN MATERIAL BC

World Rivers Day
Celebrated on the last Sunday of September

Mission Statement

"Ridge Meadows Recycling Society is a community-based, non-profit organization, advocating zero waste, operating responsible waste reduction services and providing environmental education. We employ people with developmental disabilities assisting their integration into the community."

Vision

"A waste free, socially responsible community."



Box 283 - 10092 236th Street,
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604-463-5545

www.rmrecycling.org

